

# The Llewellyn Practical Guide To Psychic Self Defense

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**Wicca: A Modern Practitioner’s Guide** Arin Murphy-Hiscock 2019-08-13 Go beyond the basics of witchcraft and take your study of wicca to the next level: everything you need to know to have a deeper understanding of wicca, its teachings, and the meaning behind its rituals and practices. You’ve bought your crystals and cast your basic spells, planted your herb garden and smudged your home—now what? Wicca: A Modern Practitioner’s Guide takes you beyond the trendy witchy basics to the deeper roots the practice, with explanations of the traditions, beliefs, and rituals that make up the wiccan religion. Learn about Solitary Wicca, which teaches you how to practice wicca—whether you work with a coven or practice alone—and goes beyond the “how” of different practices to explore the “why”: for example, when should you create a sacred space rather than cast a circle? How and why do you purify yourself before a ritual? What is grounding, and why is it important for you to ground yourself before doing spellwork? For those who seek them, Wicca has all the answers.

*The Psychic Self-Defense Personal Training Manual* Marcia L. Pickands 1997-01-01 Simple exercises that not only start readers on a path of psychic self-mastery, but also demonstrate the power of the mind, and the necessity of training it. Pickands teaches how to recognize psychic disturbance and the procedures for defense, in both everyday and extraordinary situations. She stresses ethical considerations, and illustrates her points with real life situations. Illustrated. Bibliography, index.

**The Practical Psychic Self-Defense Handbook** Robert Bruce 2011-03-01 Is everything that goes on in your mind really you? Perhaps not, says Australian psychic researcher Robert Bruce. Drawing on more than two decades of firsthand research and experience, Bruce reports that our minds are subject to influences from many unseen spiritual sources. Some of these can influence how we think, feel, act, and even how our bodies function. They can make us unhappy, irritable, confused, sick, unstable, even crazy. This is why we need practical tools and countermeasures for psychic self-defense, all of which Bruce provides. This is the ultimate guide to combating the influences of earthbound spirits, deranged ghosts, astral snakes and spiders, demonic spirits, and poltergeists. This is a highly anecdotal and comprehensive practical guide to the dark side of the psychic universe.

**Spiritual Protection** Sophie Reichter 2018-08-20 "Spiritual Protection is a necessary addition to any spiritual bookshelf, regardless of individual path. The instructions are clear enough for a beginner but with enough thoughtful information that even a seasoned practitioner can learn a thing or two." —Anya Kless, author of *Lilith: Queen of the Desert* **Spiritual Protection: A Safety Manual for Energy Workers, Healers, and Psychics** is a training handbook for anyone interested in deepening their psychic abilities, training gifts already in evidence, or simply developing a greater sensitivity to energy. This no-nonsense book, with its special emphasis on safety, protection, and energetic awareness, takes readers step by step through a thorough system of exercises designed to increase competence, confidence, and skill. Focusing on oft-neglected fundamentals, Reicher cuts through the complexity and confusion so often surrounding this topic and instead offers clear instructions and explanations that even the most novice of readers can easily follow. **Spiritual Protection** will show: Psychics and Readers how to cut mental ties at the end of session. Healers how to avoid energetic overload during a session. Techniques can be used everyday to help with stress and overall well-being.

**Solitary Wicca For Life** Arin Murphy-Hiscock 2005-08-01 A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

*Practical Guide to Psychic Self-Defense* Melita Denning 2002-09 Deliberate psychic attack is very rare. However, your psyche is constantly under attack from friends and strangers, advertisers and politicians who want to manipulate you. Luckily, there is a solution?Denning and Phillips" **The Llewellyn Practical Guide to Psychic Self-Defense**. The best way to overcome attacks on your psyche is through awareness that they are occurring. This requires you to become more awake and alert to this bombardment. Part of the technique is to understand how this attempted manipulation works. By studying this book you will gain that knowledge. The result is that the psychological intimidation that has been used on you in the past will no longer control you. There are two types of psychic attack. The first kind is attack by a person who has not had any occult training. He or she may feel slighted or betrayed by you (based on actual or imagined situations) and hold on to negative emotions. Eventually, unknown to that person, the negative energy can leap out, directed at you. This book reveals that your aura is your best line of defense. By using the exercises in this book to strengthen your aura, any such unintentional psychic attack will easily be dispelled and discharged. Even more rare is the "classic" psychic attack where a person does some sort of spell or ritual to harm you. Full instructions are given for overcoming such negative magick, both on a practical, physical level (sever any physical connection between you and the attacker) and on a ritual, spiritual level (perform blessings and rites to overcome psychic attack). But what happens if an attack does get through? First, you have to know how to recognize it. Usually, a successful attack strikes at your weak link. That could be your physical health (causing illness) or your mental attitude (causing depression). This book will show you how to recognize the problem and how to deal with it effectively.

*To Stir a Magick Cauldron* Silver RavenWolf 2005-06 A guide to the practice of witchcraft provides meditations, cauldron practices, healing techniques, blessings, spells, and herbal rituals.

**What If ... ?** Frederick Gans 2009-08-31 Conventional probability theory states that the odds of tails coming up when flipping a coin are fifty percent. This figure is not quite correct. Once a penny slipped from my hand and fell on the kitchen table with a single knock. Strangely, the usual noise of a coin settling on a tabletop was missing. To my amazement, the penny was standing on the kitchen table on its edge. The odds against such an event are astronomic. The penny was standing there, as if an invisible hand from another dimension held the coin steady. "Nothing happens by chance," say the spiritualists. What if such a hand is there for me to steady my life and shape my future? This book describes unbelievable events in my life that prove the existence of such a helping hand.

**The Sword and the Serpent** Melita Denning 1988 The inner world gives rise to the outer world, and the magician must learn to manipulate this inner world to create physical changes. Qabalistic study allows this integration. This is the comprehensive guide to the Magical Qabala with extensive correspondences as well as techniques.

**Creative Visualization** Keith Randolph 1984-05 Learn to harness all of the powers of your mind to get virtually anything you desire, when you practice the simple techniques revealed in **The Truth About Creative Visualization** by Keith Randolph. Once you know and employ the principles of creative visualization, no one—except you—can prevent you from attaining your goals. Personal happiness, spiritual development, health, professional success, material wealth—creative visualization enables you to succeed at anything. **The Truth About Creative Visualization** describes many dramatic cases where visualization was used to aid mental and physical healing, prosperity, personal transformation, the potential for psychokinesis, out-of-body experiences, astral projection, and more. Get the basics on tapping into the power of visualization and your "wizard within." ·Learn basic visualization techniques to generate out-of-body experiences, enhance ESP, and change your inner and outer reality ·Draw on psychological and psychic powers for immediate and positive effects ·Visualize your fears away and send millions of "energy bullets" to attack illnesses ·Accomplish specific goals by creating powerful mental images of success ·Attain all of your goals All of the things you ever wanted will begin to happen when you visualize them. The average person uses very little of his or her creative energy—but your power to achieve what you want is limited only by your own imagination. Visualization works. Now you can have the kind of life you really want, when you make this power your own. If you are ready to take that next step and really improve your life with a system that has been proven by thousands of people, get **The Truth About Creative Visualization**.

**Dewey, de bibliotheekkat** Vicki Myron 2011-10-09 Hoeveel invloed kan een dier hebben? Hoeveel levens kan een kat veranderen? Hoe is het mogelijk dat een achtergelaten kitten een kleine bibliotheek in Iowa, en vandaar uit de hele wereld, op stellen zette? Dit is het bijzondere verhaal van Dewey, de bibliotheekkat. Zijn leven begon niet heel voorspoedig. Hij was pas een paar weken oud toen hij in een van de koudste nachten van het jaar werd achtergelaten in de inleverbak van de bibliotheek. De volgende ochtend vond Vicki Myron hem, meer dood dan levend, en zij verloor meteen haar hart. En zo zou het voortaan alle bezoekers van de bibliotheek vergaan: Deweys enthousiasme en speelsheld, maar vooral zijn zesde zintuig voor mensen die zijn liefde en aandacht het hardst nodig hadden, maakten van hem een wel heel onvergetelijke kat.

**Way of the Warrior Priestess** Raven Woman Aya 1998 A woman who struggles on the spiritual path needs validation, guidance, inspiration and practical advice. This handbook is to help her survive the transition of the past several centuries and come to her full empowerment. This is especially for she who needs to reprogram herself as the Warrior Priestess in what is still a mans world. It is for the one who seeks to understand her place as the embodiment of the Divine Feminine Spirit because now it is time to uplift the wounded feminine consciousness to its rightful power, to transmute the negative results of ignorance and subjugation. This book is a call and a guide for the neophyte on the Path as well as for all the extraordinary women who are searching for a Friend in the dark, when they are feeling most damned and abandoned because of their Vision. It is for all the Spiritual Warrior/Priestesses who have forgotten some of the pitfalls, as well as the joys, of their Journey. This book will serve as an inspiration for those who have lost that Sight. In the playing field of womens spirituality, no one book or resource offers such a clear picture of the magical destiny of the Woman of Tomorrow, especially for those with eclectic beliefs. **THE WAY OF THE WARRIOR PRIESTESS** addresses this need for self transformation by inspiring the reader with important quotations as well as the authors guidance, step by step direction, affirmations, useful astrological insights, as well as a section that asks questions that will push the reader into changing some tired perceptions. It is written to fire up the spirit of the sleeping Feminine Spirit in both women and men. It is a handbook and empowerment manual for the growing army of individuals born at this special time in Mother Earths history to help rebalance Her during certain changes. ...for all of those brave souls willing to go in an exciting new direction. **WHY THE READER SHOULD READ THIS BOOK** This is not another book about the womens spirituality movement or about why women are goddesses. Rather it is a bridge between traditional magickal wisdom and the everyday challenges of the woman of the 90s. It is a call to transformation and will answer the intense desire for women of all ages and colors to heal their lives. It will give them permission and purpose to become what they really are: perfected beings. It will also bring on an almost-instant wakeup call for men. It embraces no particular theology, religion or mythology and is not a

psychological treatise. It does not advocate any one path to take, nor is it anti anything except ignorance...It does come from a spacious metaphysical vision that many will relate to with a sigh of relief. The average woman is still rather paralyzed and in partial ignorance of her power as a Magical Being...because she does not even have the voice or words to help herself. And most books on this subject are still either too academic or beyond the average womans experiences. This book will serve as a tool and a light to help her see herself. The Talking Stick section at the end of each chapter is to jumpstart some profound self questioning - as well as a handy starting point in teaching situations...ideal to teach self empowerment workshops all over the world. The extensive Resources section at the back of the book is to help locate the key material for the process. This book will be appropriate for several markets: Feminist, Goddess, Spiritual, Metaphysical, Womens Self Help. It should be in metaphysical centers, universities, feminist study groups, and womens conferences and gatherings. It is for women ages 16-90 who seek inspiration and practical advice. It is for men who are trying to align with the female spirit, both in *Chakra's voor beginners / druk 2* David Pond 2010-05 **The Truth about Wicca and Witchcraft Finding Your True Power** James Aten 2008-05-30 This books separates myth from truth in order to lean what Wicca really is. *Castle of Deception* Ed Fitch 1983

**The Study of Witchcraft** Deborah Lipp 2007-10-01 The Study of Witchcraft is a compendium for Wiccans who want to deepen their understanding of their traditions. Advanced Wiccan reaches beyond Wicca, delving into topics as diverse as history, psychology, divination, and lucid dreaming. The Study of Witchcraft introduces the reader to these topics, discussing each in depth and offering a one-of-a-kind course of study -- including recommended reading, offering readers --increasingly, solitary witches -- a self-study guide and a rich resource. The Study of Witchcraft includes information for all sorts of Wiccans; traditional, eclectic, radical, groups, and solitary. Wide-ranging topics also include Western occultism, myth and folklore, meditation, astrology, the Burning Times, history, herbalism, and much more. Deborah Lipp opens the book with a discussion of the past 40 years of Wiccan history and talks about the diverse people who call themselves Wiccans. Then, throughout the study guide portion, she offers information tailored to different types of Wiccans. Essentially, The Study of Witchcraft is a veritable master's degree in Wicca in book form! \* Written for the needs of the modern wiccan, who learns primarily by self-study.

*The Necronomicon Files* Daniel Harms 2003-07-01 What if a book existed that gave answers to everything you've ever wondered about? What would you do to learn its secrets? Tales of such books have abounded for millennia and are legend in occult history. One of the most pervasive modern iterations is that of the Necronomicon, said to be a genuine occult text from the 8th century. The Necronomicon really is the creation of science fiction writer H.P. Lovecraft (1891-1937), in whose books the magic volume first appears in print. In **The Necronomicon Files** two occult authorities explore all aspects of The Necronomicon, from its first appearance in Lovecraft's fiction to its ongoing pervasive appearance in cult and occult circles. **The Necronomicon Files**, revised and expanded further, reveals the hoax of the Necronomicon. Harms and Gonce show that the apocryphal history of the Necronomicon was concocted by Lovecraft to lend it verisimilitude in his fiction. The magical text was transformed into an icon among Lovecraft's literary circle, who added to the book's legend by referring to it in their own writing. People became convinced that it was a real book and its references in literature and film continue to grow. The book also examines what people have undergone to find the Necronomicon and the cottage industry that has arisen over the past three decades to supply the continuing demand for a book that does not exist. Scholarly yet accessible, humorous and intriguing, **The Necronomicon Files** illuminates the depth of the creative process and the transformations of modern myth, while still managing to preserve much of the romance and fascination that surrounds the Necronomicon in our culture.

*Practical Protection Magick* Ellen Dugan 2011-10-08 Embrace your innate warrior skills—knowledge, balance, and wisdom—and amp up your personal power. This helpful handbook is chock-full of protection witchery and psychic self-defense techniques you can use to keep yourself and your home strong, secure, and protected. With her trademark humor and candor, best-selling author Ellen Dugan teaches how to weave safe and sensible protection magick into your Craft practice and daily life. This unique practical guide reveals how to pinpoint your psychic strengths, set boundaries, diagnose a problem with divination, and maintain health on physical, psychic, and magickal levels. You'll also find precise and potent spells, rituals, and warding techniques to defend against psychic attacks, emotional and psychic vampires, hexes, unwanted ghosts, and other forms of negativity threatening your home and your well-being.

**Creative Moneymaking** Osborne Phillips 2015-02-18 The world is full of people who 'wish' they were rich. If you just wish, then you have a lot of competition! But if you really WANT to be rich, this is the book for you. Money is a great force on the material level and also on the non-material levels of life. CREATIVE MONEYMAKING shows you how, step by step, you can easily combine these levels and work with them, so that money will naturally flow to you and stay with you - AND GO ON INCREASING. How is it that some people attract money, and others don't? It doesn't depend on how hard they work. Neither is money attracted by being a miser. How do you avoid that and still be a good saver, living a happy and normal life? How do you attract OPPORTUNITY? How do you develop the special insights and perceptions of a successful investor? What really makes a "financial wizard"? All these questions are answered in 'CREATIVE MONEYMAKING: The Psychic Path to Abundance', in the frank, direct style which characterizes the work of Denning and Phillips. To read this book and to put its teachings into full effect you don't need to start out with any special knowledge of either financial or esoteric matters. Everything is set out clearly, in a way that will keep up your motivation and help you advance naturally and easily through Positive Saving, Creative Moneymaking, Creating Investing! The techniques provided in this book will not only help you to create prosperity and abundance at the earthly level, but they will enhance your psychic faculties and strengthen your rapport with the living energies of the cosmos. This New EDITION of a classic title has been revised and updated by Osborne Phillips, one of the authors of the original Llewellyn paperback.

*All About Auras* Carl Llewellyn Weschcke 2011-10-08 You have the power to see auras. Seeing and reading auras greatly benefits you in your relationships, your career, and your spiritual life. By tapping into this innate power, you can easily develop it into a skill, enabling you to create a richer life—if you’re willing to learn. It’s your understanding and your motivation that empower your ability. In this short guide, you will discover not only what auras are, but also how they relate to your body and your life. The aura is an invisible energy field, but you can easily learn to see it by engaging in a few simple experiments, exercises, and practices that are given here in a ready-to-use, step-by-step format. Begin with concise, easy-to-follow instructions and tables that give the meanings of aura colors and shapes. You will then be guided through aura repair, aura massage and strengthening, chakra balancing, perceiving signs of illness and improving your health, and even determining whether a person is being truthful. As you learn to see and read auras, you are starting a magnificent journey of growth in awareness and psychic empowerment—and you are opening the doors to greater realities.

*The Llewellyn Practical Guide to Psychic Self-defense & Well-being* Melita Denning 1983 Psychic well-being and psychic self-defense are two sides of the same coin, just as are physical health and resistance to disease. Each person (and every living thing) is surrounded by an electromagnetic force field, or AURA, that can provide the means to psychic self-defense and to dynamic well-being. This book explores the world of very real "psychic warfare" of which we are all victims.

**Runes Galina Krasskova** 2009-11-24 **Runes: Theory & Practice** provides a thorough examination of the Norse runes. It will enable a beginner to delve effectively into their usage, but will also challenge the experienced rune-worker to better and deepen his or her understanding of these mysteries. **Runes: Theory & Practice** begins with an explication of the story of Odin, the Norse god who won the runes by sacrificing himself on the World Tree. It continues by examining each of the individual runes in turn, both the Elder Futhark and the lesser-known Anglo-Saxon Futhorc. Each rune is studied not only from a historical viewpoint, but also from the perspective of a modern practitioner. Most importantly, **Runes: Theory & Practice** specifically addresses the runes as living spirits and provides guidance on developing a working relationship with these otherworldly allies.

**Paganism for Prisoners** Awyn Dawn 2021-12-08 After being incarcerated for her struggles with drug addiction, author Awyn Dawn began to actively look for her spiritual side—and she found it in Paganism. By developing a profound relationship with the gods, Awyn gained greater clarity and a deep sense of peace. You can, too, with help from this empowering guide to starting and strengthening your spiritual practice. Providing dozens of easy-to-use exercises, **Paganism for Prisoners** shows you how to embrace Pagan teachings and learn from deities, ancestors, and spirits. Explore the power of meditation, self-reflection, rituals, and devotions. Meet the gods and goddesses of Celtic, Norse, Greek, Roman, and other mythologies. You'll also discover the power of the elements, the moon, the Wheel of the Year, and your own intuition. Through this book, you'll manifest amazing change within yourself. **All Women Are Psychics** Diane Stein 2011-03-30 Fascinating stories of psychic occurrences by over 70 women, interwoven through the text, illustrate the powers available to you when you discover your psychic powers. **ALL WOMEN ARE PSYCHICS** is an inspiring book that will help you reclaim this innate gift. Learn how to: Travel astrally. See other people's auras. Regress to past lives. Interpret dreams. Test yourself for ESP. Predict the future. Contact your spirit guides. Dream lucidly.

**Mind Over Matter** Loyd Auerbach 2017-07-08 **Journey Inside and Outside Yourself to Develop Psychic Powers through Fascinating and Effective Techniques** The mind is a powerful tool that, when properly focused, can do amazing things for both your body and the world around you. In **Mind Over Matter**, Loyd Auerbach presents an impressive variety of topics, including telekinesis, faith healing, spirit communication, stigmata, shamanism, firewalking, psychic attacks, levitation, and more. This remarkable book helps you develop your psychic abilities, build your confidence and self-esteem, and keep a responsible attitude as you learn to psychically affect yourself and others. You'll also

explore how to: Ease your body's ailments through mental health Investigate ghosts and be at the center of a poltergeist experience Improve your physical performance by exercising your mind Move objects through psychokinesis

**Practical Guide to Psychic Powers** Melita Denning 2000 ESP. Divination. Psychometry. Telekinesis. Astral vision. You've heard of all these talents. The amazing truth is that you can have all of these abilities when you practice the simple, but powerfully effective, exercises in Melita Denning and Osborne Phillips' Practical Guide to Psychic Powers. World-famous experts Denning and Phillips explain exactly what you need to develop your own innate abilities, including advice on diet, rest, and exercise. They advise you to meditate daily, and give instructions how you can bring this wonderful skill into your life. They also reveal how you can make your own tools for psychic development, such as a pendulum, ESP cards, and a Vision Mirror. Practical Guide to Psychic Powers explains that your attitude is important in establishing these abilities in your life. You'll discover how to eliminate boredom and stress, practice mental concentration for long periods, and have foreknowledge of the future. Many of the exercises to help you to develop psychic abilities are in the form of games, making them fun, preventing boredom, and creating faster success. For example, you'll learn a game of guessing dice, one with ESP cards, and another that uses the vision mirror to predict your future. The book teaches you how to become aware of the impressions a material object has gathered, the art of psychometry. You'll learn about contacting spiritual entities the way Spiritualists do. You'll also discover the secrets of dowsing and how to develop and use this ability. Denning and Phillips are known for their clarity of thought and for having effective techniques, as demonstrated in Practical Guide to Psychic Powers. Get your copy today.

**Bibliographic Guide to Psychology** New York Public Library. Research Libraries 2000

**The Witch's Shield** Christopher Penczak 2004 A guide to psychic self-defense and protection magick that that includes instruction on forming protection shields, creating protection spells and rituals, and connecting with guardian spirits, angels, power animals, and patron deities.

**Llewellyn's Practical Guide to Imagick** Ted Andrews 1989

**The Way of the Warrior Priestess** Aya 1999-10-01 A woman who struggles on the spiritual path needs validation, guidance, inspiration and practical advice. This handbook is to help her survive the transition of the past several centuries and come to her full empowerment. This is especially for she who needs to reprogram herself as the Warrior Priestess in what is still a mans world. It is for the one who seeks to understand her place as the embodiment of the Divine Feminine Spirit because now it is time to uplift the wounded feminine consciousness to its rightful power, to transmute the negative results of ignorance and subjugation. This book is a call and a guide for the neophyte on the Path as well as for all the extraordinary women who are searching for a Friend in the dark, when they are feeling most damned and abandoned because of their Vision. It is for all the Spiritual Warrior/Priestesses who have forgotten some of the pitfalls, as well as the joys, of their Journey. This book will serve as an inspiration for those who have lost that Sight. In the playing field of womens spirituality, no one book or resource offers such a clear picture of the magical destiny of the Woman of Tomorrow, especially for those with eclectic beliefs. THE WAY OF THE WARRIOR PRIESTESS addresses this need for self transformation by inspiring the reader with important quotations as well as the authors guidance. step by step direction, affirmations, useful astrological insights, as well as a section that asks questions that will push the reader into changing some tired perceptions. It is written to fire up the spirit of the sleeping Feminine Spirit in both women and men. It is a handbook and empowerment manual for the growing army of individuals born at this special time in Mother Earths history to help rebalance Her during certain changes. ...for all of those brave souls willing to go in an exciting new direction. WHY THE READER SHOULD READ THIS BOOK This is not another book about the womens spirituality movement or about why women are goddesses. Rather it is a bridge between traditional magickal wisdom and the everyday challenges of the woman of the 90s. It is a call to transformation and will answer the intense desire for women of all ages and colors to heal their lives. It will give them permission and purpose to become what they really are: perfected beings. It will also bring on an almost-instant wakeup call for men. It embraces no particular theology, religion or mythology and is not a psychological treatise. It does not advocate any one path to take, nor is it anti anything except ignorance....It does come from a spacious metaphysical vision that many will relate to with a sigh of relief. The average woman is still rather paralyzed and in partial ignorance of her power as a Magical Being...because she does not even have the voice or words to help herself. And most books on this subject are still either too academic or beyond the average womans experiences. This book will serve as a tool and a light to help her see herself. The Talking Stick section at the end of each chapter is to jumpstart some profound self questioning - as well as a handy starting point in teaching situations....ideal to teach self empowerment workshops all over the world. The extensive Resources section at the back of the book is to help locate the key material for the process. This book will be appropriate for several markets: Feminist, Goddess, Spiritual, Metaphysical, Womens Self Help. It should be in metaphysical centers, universities, feminist study groups, and womens conferences and gatherings. It is for women ages 16-90 who seek inspiration and practical advice. It is for men who are trying to align with the female spirit, both in wom

**Astral Projection for Psychic Empowerment** Carl Llewellyn Weschcke 2012-07-08 Science is confirming what ancient wisdom has always asserted—that reality is far more complex than we have imagined, and that our individual potential is far greater than we have believed. In this time of expanding consciousness, the new frontier—the gateway to spiritual growth and self-empowerment—is through the astral realm. Astral Projection for Psychic Empowerment introduces you to the real-world benefits that come from exploring the astral plane. Learn controlled, self-induced astral projection and reach beyond physical limitations to new sources of knowledge. Live and love more fully than you have ever thought possible by tapping your immense unconscious powers and integrating them into your conscious experience. Delve into the pages of this fascinating book and learn to: Induce an out-of-body experience Safely visit astral realms Explore past lives Communicate with guides and entities Interpret the aura for health and healing Create powerful thought forms Practice astral sex Expand your psychic awareness Achieve your goals Understand psychokinesis and the power of your mind This comprehensive guide includes true case studies of astral projection, scientific test results from laboratory studies, and a seven-day developmental program designed

to unleash your highest potential.

**Llewellyn's Truth About Psychic Self-Defense** Keith Randolph 2013-09-08 Whether it manifests in your physical body, appears as an apparition, or gives you feelings of dread, psychic attack can drain you. Knowing how to defend yourself against negative energy is a necessary skill. The Truth About Psychic Self-Defense explains how you can develop a shield of invulnerability to attacks of all kinds.

**Making Magick** Edain McCoy 1997 Through exercises designed to develop basic skills, "Making Magick" lays a firm foundation of elemental magickal wisdom. The first chapters begin with an introduction to magick and how it works. The last half of the book will take readers into the advanced magickal arts, which rely on highly honed skills of meditation, astral projection, visualization, and sustaining of creative energy. A complete course in natural magick.

**The Llewellyn Practical Guide to Astral Projection** Melita Denning 1979 The Llewellyn Practical Guide to Astral Projection by Denning and Phillips is simply the best step-by-step set of lessons for learning this skill ever published. Over a quarter-million people are using this book to help them learn this valuable skill. If you want to learn how to project your consciousness onto the astral plane, you should use it, too. First, as the book shows, this skill is natural. You do it all the time (in dreams, for example.) In a sense, it is more natural than walking. It is a skill you can develop with practice. Further, it allows you to have spiritual experiences on the astral plane. Plus, what you create on the astral plane creates changes on the physical plane. This is true magick! Heal someone on the astral and they will be healed on the physical. Create opportunities on the astral and you will have them on the physical. You can even experience sex on the astral plane for one of the most dynamic experiences you will ever have. And you can learn how to do all of this in The Llewellyn Practical Guide to Astral Projection. But it is not only the information in this book that makes it easy to understand and use. The very design of each chapter ? as well as the illustrations, photos, charts, etc. ? make it easy for you to learn the techniques to consciously control your astral projection experiences. The book begins by showing you what astral projection is and what it is not, what can happen and what is fantasy. As a result, you will discover that astral projection can be safe, comforting, exhilarating, and fun. Then you will learn methods of being able to let your consciousness leave your body and safely explore the astral plane. With this book in hand you can explore realms you've only dreamed of. Make your dreams a reality.

**Practical Guide to Creative Visualization** Melita Denning 2001 If you're ready to do powerful magick without using any wands, robes, or altars, you need Practical Guide to Creative Visualization by Denning & Phillips. In it you'll learn everything you need to know to do this powerful system of magick with the mind. First, the book explains exactly what creative visualization is and what it is not. Then it gives you a technique to relax your body and mind, a necessity in order to get the most out of your visualizations. You'll also learn how to use controlled breathing in order to enhance the magick. Then you learn a variety of visualization techniques that can help you achieve your goals. The techniques include the Simple Creative Visualization Method, the Charging Technique, the Master Method of Creative Visualization, and the Star Technique of Creative Visualization. Also included in this book is a **Psychic Empowerment** Joe H. Slate 1995 Reach higher planes of psychic power with a development plan that will unleash your innate abilities. Learn a host of innovative procedures to focus your psychokinetic energies, gain strategies for crystal-gazing and dowsing, interact with discarnate entities through table tilting, improve your performance of any activity through use of a pyramid and more.

**Llewellyn's Truth About Psychic Powers** Donald Michael Kraig 2013-06-08 Open yourself to the powerful reality of psychic phenomena. Written by a leading expert, The Truth About Psychic Powers lays bare the facts in a straightforward, objective, and provocative light. Uncover the truth about: Psychic development Hypnosis Witchcraft Astrology Auras Past life regressions Cults

**The Witch's Guide to the Paranormal** J. Allen Cross 2022-09-08 Flex Investigative Methods That Only Witches Can Wield As a witch, your ability to manipulate energy allows you to interact with ghosts in ways that other investigators can't. Discover how to use your magical toolkit to identify and resolve the four main types of haunting—residual, poltergeist, human earthbound, and inhuman entity. J. Allen Cross guides you through the basic principles of a haunting, while building a foundation of paranormal investigation, witchcraft, and mediumship skills. You will learn how to craft a seal, open and close portals, perform an exorcism, and help spirits cross over. With more than forty exercises and rituals, this book shows you how to make the most of your talents so you can bring peace to restless spirits and those they haunt.

**The Complete Book of Psychic Empowerment** Carl Llewellyn Weschcke 2011-09-08 Embark on the journey of a lifetime—master the psychic tools and techniques required to develop your highest potential and enjoy success beyond your wildest dreams. Psychic empowerment is a continuous process of growth and self-discovery. When we are psychically empowered, we become increasingly aware of the boundless power within ourselves and the unlimited possibilities and opportunities around us and beyond. Through psychic empowerment, we can unleash vast inner sources of new growth potential and achieve new levels of personal fulfillment. We can lift our consciousness to a higher plane and add depth and greater meaning to our lives. Written by Carl Llewellyn Weschcke and Joe H. Slate, PhD, this is the most comprehensive psychic development guide available anywhere. It is richly supported by detailed tables, charts, and developmental exercises. Incorporating the latest discoveries in quantum physics, it organizes the concepts of psychic empowerment into a progressive, cohesive plan that features straightforward instruction on a wealth of psychic empowerment methods and practices: ESP Astral Projection Aura Reading The Chakra System Clairvoyance Remote Viewing Precognition Dream Interpretation/Intervention Psychokinesis Remembering Past Lives and Life Between Lives Telepathy and Self-Talk Visualization Divination Crystal Gazing Dowsing Geomancy Handwriting Analysis I Ching Spirit Communication Runes Sand Reading Tarot Reading Self-Hypnosis Tea Leaf and Coffee Ground Reading Meditation Magic Rituals and Shamanism Each technique strengthens the divine spark of greatness existing in everyone—and leads to better health, happier relationships, greater financial success, and enhanced spiritual growth.

**Guide to Reprints** Albert James Diaz 1996